

Timing:
Participants must submit the participant form, abstract, and receipt for the payment of the publication fee by November 1, 2023. These documents should be sent to the email address: phitotherapy.chasopys@gmail.com

Online Congress Location:
Kyiv, st. Hetman Pavlo Skoropadskyi, 7,
National Scientific Medical Library of Ukraine,
metro station "Ukraysnkyh Heroyiv Square"

Official Languages:
The official languages of the Congress are Ukrainian and English.

Regulations:
Duration of Presentations:
- Oral presentations: up to 20 minutes.
- Poster presentations: 15 minutes.
- Company presentations and discussions: up to 7 minutes.
- Seminars: up to 25 minutes.
- Master classes: up to 25 minutes.
- Problem lectures: up to 20 minutes.

Congress Materials and Certificates:
After the Congress, abstracts and certificates indicating the number of points earned will be sent by mail to the address provided in the participant's application form.

Regulations for the Offline/Online Congress:
- November 7, 2023: Arrival of Congress participants in Rogaska, Slatina, Slovenia. Check-in, accommodation, and excursion to familiarize participants with the resort. Welcome cocktail.
- November 08-11, 2023: Congress and School events according to the program. Lectures, seminars, master classes, trainings, and practical exercises.
- November 12, 2023: Round table discussion on "The Union of Classical and Complementary Medicine as the Key to a Healthy Future for Humanity." Certificates for successful completion of advanced training courses will be awarded.
- November 13, 2023: Excursion to Lake Bled (or Plotvice Lakes).
- November 14, 2023: Free day. Departure of Congress participants.

Specific timings and activities will be detailed in the program, which will be formed and approved by the Organizing Committee.

Contact Phone Numbers:
University Department of Physical Education, Sports, and Human Health:
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CONGRESS PARTICIPANT QUESTIONNAIRE UNTIL (NOVEMBER 1, 2023).

Surname _____
Name _____
Surname _____
Science degree _____
Academic title _____
Job title _____
Name of organization/institution _____
(place of work, training) _____
Topic of report, master class, seminar, abstract, article (underline) co-authors _____
Email _____
Postal address: city (with zip code) or New Post No. _____

Contact number: _____

FORM OF PARTICIPATION IN THE CONGRESS:

- | | |
|--|---|
| <input type="checkbox"/> oral report | <input type="checkbox"/> absentee participation |
| <input type="checkbox"/> presentation of the company's stand | <input type="checkbox"/> publication |
| <input type="checkbox"/> attendee | <input type="checkbox"/> seminar |
| <input type="checkbox"/> Master Class | <input type="checkbox"/> poster presentation |
| | <input type="checkbox"/> online |

PRESENTATION EQUIPMENT

- multimedia projector

Date « ____ » _____ 2023.

_____ signature

Please submit the completed form to the following email address:
phitotherapy.chasopys@gmail.com

You can find information about the events on the website as well as on the following websites:

www.uanm.org.ua

www.tnu.edu.ua

www.medinstitut.dp.ua



V.I. Vernadsky Taurida National University, Kyiv
National Scientific Medical Library of Ukraine (NSMLU)
Danylo Halytsky Lviv National Medical University,
Department of Rehabilitation and Alternative Treatment Methods
European Medical University LLC, Dnipro
National Technical University of Ukraine
Igor Sikorsky Kyiv Polytechnic Institute,
Faculty of Biomedical Engineering, Department of Biosafety and Human Health
National Ecological and Naturalistic Center for Students of the Ministry of Education and Science of Ukraine
NGO Association of Specialists in Folk and Alternative Medicine of Ukraine
Higher School Academy of Sciences of Ukraine, Department of Medicine Fundamental Problems
Klaipeda University, Lithuania
Grand Hotel Sava***Zagreb****, Rogaska, Slatina, Slovenia
Company ROI SANITATEM AQUA Ukraine - Slovenia
European Medical Association, Belgium
Association of Experts in Emergency Psychology in Italy and Abroad, Italy
World Medical Qigong Society, China, Beijing
Zolotaya Niva LLC, sanatorium Zolotaya Niva town. Serhiivka, Bilhorod-Dnistrovsky district, Odesa region
Forest Song Volyn regional sanatorium, Kovel district
Academy of Natural and Complementary Medicine LLC, Kyiv
Association of Ukrainians in Slovenia «Razom»
(Drustvo Ukrajincev v Sloveniji «Razom»), Ljubljana, Slovenia
OU Ukrainian Resource Center for Educational Innovations, Kiev

INFORMATION LETTER
A SCIENTIFIC CONGRESS WITH INTERNATIONAL PARTICIPATION
THAT AIMS TO ATTRACT YOUNG SCIENTISTS AND STUDENTS

«IMPLEMENTING COMPREHENSIVE
COMPLEMENTARY AND ALTERNATIVE
METHODS IN PHYSICAL AND MEDICAL
REHABILITATION FOR COMBATANTS
AND THEIR FAMILIES WHO HAVE BEEN
INJURED DURING ACTIVE HOSTILITIES,
GUIDED BY THE REHABILITATION
PRACTICES OF NATO COUNTRIES»

KYIV-2023

Dear Colleagues!

The organizing committee of the scientific and practical Congress, in alignment with the regulatory framework in healthcare and higher education in Ukraine, the recommendations and guidelines of the World Health Organization (WHO), and the annual slogan of the scientific event, which revolves around the theme "Healthy Family - Healthy Country," invites you to participate in a scientific event focused on the current issues of physical and medical rehabilitation, as well as the improvement of health for both combatants and civilians affected by active hostilities and environmental destruction.

The Congress, titled "Health and a Healthy Lifestyle: from Plant to Person," aims to address the present and future challenges in these areas. It will specifically explore the utilization of natural, complementary/alternative methods (referred to as CAM) based on evidence-based medicine principles in complex and restorative therapy, as well as physical and medical rehabilitation. The congress draws inspiration from the methodological recommendations provided by NATO in 2017.

The Congress has been officially registered and included in the "Register of congresses, symposiums, scientific and practical conferences, scientific seminars, and plenums to be held in 2023 by the Ministry of Education and Science of Ukraine" (Certificate of the Ministry of Education and Science of Ukraine, dated 02.02.2023, No. 138).

Scheduled to take place between November 07 and 14, 2023, the Congress will be conducted in both offline and online formats, with locations in Ukraine (Kyiv) and Slovenia (Rogaska). The event will be hosted on the platform of the National Scientific Medical Library of Ukraine in Kyiv, and the Grand Hotel Sava****Zagreb**** in Rogaska Slatina, Slovenia. The European Medical Association (Belgium) will provide assistance and participate in the Congress, alongside the collaboration of companies "ROI SANITATEM AQUA" from Ukraine and Slovenia.

The objective of the Congress is to emphasize the importance of leveraging evidence-based traditional, complementary, and integrative medicine to enhance overall health coverage and achieve progress towards the 2030 Sustainable Development Goals for the health and well-being of people and the planet. This aligns with the G20 Summit held in Gandhinagar, Gujarat, India on August 17 - 18, 2023, with the support of the Government of India, as well as the WHO Global Report on Traditional and Complementary Medicine (2019), which involved 170 WHO Member States.

This new Strategy, planned for implementation until 2030, is scientifically grounded and reflects the teachings of Academician V.I. Vernadsky. It focuses on the utilization of complementary/alternative (folk and non-traditional) medicine (referred to as CMA) in Ukraine and worldwide. CMA is viewed both as a holistic medical approach and as individual methods and practices that contribute to human health and a healthy lifestyle in the context of socio-economic and environmental challenges, in line with V.I. Vernadsky's teachings on ecology and the noosphere.

Congress Topics

"Implementing comprehensive complementary and alternative methods in physical and medical rehabilitation for combatants and their families who have been injured during active hostilities, guided by the rehabilitation practices of NATO countries"

I. The International School of Advanced Training and Profile Improvement in the Field of Medicine and Health, in collaboration with the European Medical Association (EMA) from Belgium, will be held from November 07 to 14 under the theme "Sources of Health."

II. The EMA Scientific and Practical Assembly has put forward a recommendation that focuses on Medical Tourism. The following presentations and reports will be featured:

1. Industry priorities for 2023 - A report presented by EMA management titled "Focus on Balneotherapeutic Resorts," delivered by EMA President Vincenzo Costigliola.
2. Presentation of the Grand Hotel Sava**** Zagreb**** in Rogaska, Slatina, Slovenia - Stanislav Pshenichnik, the Hotel Manager, will provide an overview of the resort complex.
3. The grand opening of the International School of Advanced Training will be accompanied by a presentation highlighting the opportunities available to participants. The speaker for this session is Doctor of Medical Sciences, Prof. T.P. Harnyk from the V.I. Vernadsky Taurida National University, Kyiv, Ukraine.
4. Leading experts will deliver presentations as part of the continuing education school. Lada Litvinova, the project manager of Best Medical Practice and a Master of Psychology, will share insights during her presentation.

Congress Topics, Advanced Schools:

1. Current Challenges in Teaching the Principles of Academician V.I. Vernadsky.
2. Conceptual Considerations of Complementary/Alternative Medicine in Ukraine and Worldwide: State Policies and Promotion of Healthy Lifestyles.
3. Academician V.I. Vernadsky's Perspective on Health: The Noosphere Doctrine and its Influence.
 - 3.1. Promoting a "Healthy Family - Healthy Country" Approach.
 - 3.2. Exploring "Health and a Healthy Lifestyle: from Plant to Person."
4. Physical and Occupational Therapy: Legal and Regulatory Aspects in Ukraine and Internationally.
 - 4.1. Establishing Standards for Bachelor's and Master's Programs and Medical Practices in Physical and Medical Rehabilitation, Physical Therapy, and Occupational Therapy.
 - 4.2. Biosafety and its Impact on Human Health.
 - 4.3. Addressing Ecology and Biosafety for Future Generations in the Face of Socio-Economic and Biological Challenges.
5. Scientific and Methodological Approaches to the Use of Complementary/Alternative Medicine Methods in Complex Therapy, Preventive Care, and Rehabilitation, with a Focus on Evidence-Based Medicine Principles.
6. Quality Education Standards and Criteria for Future Specialists: Integration and Educational Support for Complementary/Alternative Medicine Methods.
7. NATO Criteria for the Utilization of Complementary Medicine Methods in the Rehabilitation and Health Restoration of Combatants: Assessing the Socio-Economic Viability of Complementary/Alternative Medicine Methods in the Global Context.
8. Exploring the Interplay of Mental and Physical Health: Screening Methods and Interventions in Complementary/Alternative Medicine.
 - 8.1. Psychological, Social, and Professional Rehabilitation Methods and their Impact on Health Restoration.
9. Astropsychology: Understanding the Relationship Between Psychology and the Stars.
10. Anthroposophical Medicine: Principles, Practice, and Prospects.
11. Natural Healing Methods: Teaching Experience in General Medicine, Dentistry, Pharmacy, and Physical Therapy, Occupational Therapy.
 - 11.1. Herbal Health Practices: From Traditional Recipes to Scientifically-Based, Registered Herbal Remedies. Exploring Phyto-Extempore Approaches.
 - 11.2. Nutraceuticals and Parapharmaceuticals: Understanding their Role in Health and Well-being.
12. Homeopathy: Teaching Experience and Application in Medicine, Physical Therapy, Occupational Therapy, and Medical Rehabilitation.
 - 12.1. Homeopathy and Pharmacology: Two Sides of the Same Coin in Health and Treatment.
13. Osteopathy and Manual Therapy: Teaching Experience and Application in Medicine, Physical Therapy, Occupational Therapy, and Rehabilitation.
14. Ayurveda and Tibetan Medicine: Current Realities and Future Prospects in Ukraine and Worldwide.
15. Chinese Traditional Medicine: Exploring its Current Realities and Prospects in Ukraine and Worldwide.
16. Iridology: Express and Screening Diagnostics in Medical Practice.
17. Exploring Aromatherapy and Phytoergonomics: Their Role in Health and Well-being.
18. Information Medicine: Teaching Experience and Application in Medicine, Physical Therapy, and Occupational Therapy. Current Realities and Future Prospects.
19. Information Hygiene in the Modern World: Addressing "Information Diseases" of Our Time.
20. Electropuncture and Information Diagnostics: Teaching Experience and Implementation as Screening Methods for Diagnosis and Treatment Monitoring.
21. Legal and Regulatory Aspects of Healing in Ukraine and Worldwide.
22. Deontology and Medical Ethics in the Field of Complementary/Alternative Medicine: Fostering a Culture of Communication and Healing.
23. Therapeutic Physical Culture: A Preventive and Restorative Method of Recovery.
24. SPA Procedures as a Means of Rehabilitation and Recovery.
25. Current Issues and Future Outlook for Public Organizations and Associations.
- 25.1. The History and Prospects of the NGO "Association of Specialists of Traditional and Alternative Medicine of Ukraine."
26. Present and Future Realities for Young Scientists: Nurturing the Future Scientific Elite.
27. Bioethics in Scientific Research, Medical Practice, and Physical and Medical Rehabilitation.

28. "Phytotherapy. Chasopys": Moving Towards International Recognition as a Scientific Publication in the Biological, Medical, Pharmaceutical, and Physical Therapy Fields, including Inclusion in the SCOPUS Database.

Exploring the Contemporary Advancements and Relevance of a Healthy Lifestyle within the Framework of the WHO Global Report on Traditional and Complementary Medicine:

Physical and Complementary Approaches to Healthcare.

Highlighted Complementary/Alternative Medicine Methods to be Explored at the Congress and Advanced Professional School:

- Aromatherapy and Phytotherapy.
- Nutraceuticals and Parapharmaceuticals.
- Apytherapy, Hyrudotherapy, and Animal-Assisted Therapy.
- Ayurveda and Traditional Systems of Detoxification and Nutrition.
- Information Medicine and Bioresonance Therapy.
- Anthroposophical Medicine and Homeopathy.
- Massage, Manual Therapy, Osteopathy, Craniosacral Therapy, and Occupational Therapy.
- Acupuncture, Reflexology, Su-Jok Therapy, and Electropuncture Diagnostics.
- Traditional Chinese Medicine and Qigong Therapy.
- Psychological Support and Health Adjustments.
- Economic, Social, and Environmental Factors as Components of Health.
- SPA Procedures.

Options for Participating in the Congress, either Offline or Online:

- Oral presentation, with the option to use PowerPoint for visual aids.
- Press conference.
- Round table discussion: "The Union of Classical and Complementary Medicine as the Foundation for a Healthy Future for Humanity."
- Company presentations.
- Participation as a regular attendee.
- Master Class.
- Seminars and discussion sessions, including a "Questions and Answers" format.
- Publication of abstracts and articles.
- Absentee participation.
- Online/offline participation for participants from both local and international countries, including Ukraine.

Publication Guidelines:

The materials from the Congress will be published in the professional scientific and practical journal "Phytotherapy. Journal" in accordance with the requirements and recommendations for scientific articles, as well as the specialized publication guidelines of the EMA (European Medicines Agency).

Abstracts, limited to one page, and articles, limited to ten pages, including literature references, abstracts, and keywords in both Ukrainian and English, should follow the following structure: UDC, title of the work (in capital letters), initials and surnames of authors, scientific titles, and scientific degrees (such as master, graduate student, doctoral student, practicing physician, healer). The full name of the institution (workplace or training center) should also be included. The sections of the abstracts and articles should cover the following aspects: relevance, purpose of the work, materials and research methods, research results and their discussion, conclusions regarding the practical application of the acquired experience, and prospects for further research. Proper referencing of literary sources is required for articles. Materials that violate ethical principles or fail to meet the aforementioned requirements will not be published.

Payment Details:

1. The cost of publishing abstracts for individual participants from Ukraine is 350 UAH, while for students it is 150 UAH, based on 1800 characters (equivalent to one page).
2. The organizational fee for participants from Ukraine is 550 UAH, with a reduced rate of 350 UAH for students.
3. A formal agreement will be established with legal entities participating in the scientific event, specifying the form of participation and payment.
4. Payment for Congress participation (organizational fee) and publication of abstracts or articles should be made through a money transfer to the provided current account by November 1, 2023.
5. Accommodation, meals, access to the swimming pool, water in the pump room, and use of hotel facilities in Slovenia are available at a daily rate of 75 euros.